

Virtual Teen Social Groups

Continuum Behavioral Health



Healthy Relationships (ages 14-17)

- develop and maintain healthy relationships
- safety
- social boundaries
- social cues
- problem solving
- perspective taking
- handling disagreements.

6 week course: 1 hour per week
3 hours of Caregiver training

Internet Safety (ages 14-17)

- appropriate internet interactions
- maintain safety using technology
- personal boundaries
- online safety
- adult supervision
- problem solving
- bullying

6 week course: 1 hour per week
3 hours of Caregiver training



PEERS (ages 15-17)

- advanced social skills
- perspective taking
- problem solving life skills
- friendships
- social cues
- humor
- disagreements
- bullying
- conversations

7 week course: 1.5 hour per week
3 hours of Caregiver training



OPEN REGISTRATION

Contact: cbhsocialskills@continuumgroup.net

